

FREEDOM FOCUSED

THE CENTER FOR SELF-ACTION LEADERSHIP

“What YOU achieve *inwardly* changes your outer reality.”

-Plutarch & Otto Rank

Ideal For:

- Everyone!

Duration Options:

- Half-Day (Introduction)
- 1-3 days
- 4-days (complete training)

Course Outcomes & Deliverables:

- Learn the difference between proactivity and reactivity and commit to being proactive
- Understand what you can and cannot control and how to increase your influence
- Stop blaming others and making excuses
- Discover a vision of your potential for Existential Growth and Intelligence
- Develop and commit to your Self-Declaration of Independence and Self-Constitution

Self-Action Leadership (SAL):

The Key to Personal & Professional Freedom

Course Description and Outline:

The Self-Action Leadership course provides attendees with the keys to leading and managing self. Applying these principles leads to personal and professional freedom for the individual *and* greater success for the organizations. This success begins with individuals drafting their own blueprints for personal change, growth, and success.

Seminar Options:

The full SAL Theory & Model course is four days of rich content and application exercises. Additional training options (*3-day, 2-day, 1-day, and half-day*) are also available, with less depth in content coverage and less time for attendees to draft their personal blueprints.

Fundamentals of Self-Leadership

- Reactivity vs. Proactivity and Control vs. Influence
- The Self-Action Leadership Productivity Pyramid

Self-Action Leadership

- Right vs. Wrong self-leadership: the Moral Imperative
- Existential Intelligence and Growth
- The SAL Theory, including the Nine (9) Levels of Existential Growth rooted in atmospheric and astronomical science
- The SAL Model, including the Four (4) Steps and 21 sub-steps to personal change, growth, and success as rooted in architectural, engineering, and construction science
- Your SAL Command Center

Self-Documents

- Drafting a Self-Declaration of Independence, Self-Constitution, and further application exercises
- Living by your Blueprints for Life

Contact us today to Educate, Engage, and Inspire your Organization

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